



# Friends of Aine

Center for Grieving Children & Families

## Book List for Teens

One Wave At a Time (2018)*	Holly Thompson	Grief comes in waves, how we learn to cope
What On Earth Do You Do When Someone Dies? (1999)*	Trevor Romain	Answers kids' questions about death
The Memory Box (2017)*	Joanna Rowland	Remembering our special person
Hope in the Holler (2018)	Lisa Lewis Tyre	Finding your place after a death
Weird is Normal When Teenagers Grieve (2010)*	Jenny Lee Wheeler	Self-help book written by a grieving teen
Grief: Insights and Tips for Teenagers (2020)*	Joe Jansen	Guide to help navigate the difficult path of grief
The Invisible String (2000)*	Patrice Karst	Love keeps us connected
You Are Not Alone: A Heartfelt Guide to Grief, Healing, and Hope (2018)	Debbie Augenthaler	Offers insights and suggestions for healing and hope (adult perspective)
If Only (2012)	Carole Geithner	Girl's journey through loss and grief
Healing Your Grieving Heart for Teens (2001)	Alan Wolfelt	Practical ideas for dealing with grief **
Grief Skills for Life (2002)	Judy Davidson	Journal about loss for adolescents
Someone I Loved Died by Suicide (2009)	Doreen Cammarata	A story for child survivors
Things I Wish I Knew before My Mom Died: Coping with Loss Every Day? (2016)	Ty Alexander	Blogger turned author shares story about grief and coping
What Does That Mean? (2007)	Joy Smith and Harold Johnson	Grief Dictionary
When Death Walks In (1991)	Mark Scrivani	Info for teens facing grief **
When A Friend Dies (2005)	Marilyn Gootman	Advice for teens
I Will Never Forget You (2008)	Emilio Parga	Writing journal for teens
Facing Change: Falling Apart and Coming Together Again in the Teen Years (1995)	Donna O'Toole	Understanding loss and discovering coping strategies